# Chicago Cycling Club July Ride Schedule

Ride Line: 773-509-8093

## Monday, July 4, 2011 Training Ride: Intro to Training Rides (Independence AM)

START: Roadies Dunkin' Donuts, Lincoln & California Avenues 8:30 a.m. 45-50 miles, 18-22 mph

Curious to find out what training rides are about but aren't sure if you can ride at 25 mph? This has the look and feel of a training ride, at a slower pace. Emphasis on smooth riding techniques and paceline etiquette. New start time! Contact Rich Baumgarten at (773) 759-8690

#### Wednesday, July 6, 2011 Training Ride: Wednesday Night Training Ride

START: Dunkin Donuts, California & Lincoln Aves. 6:30 p.m. 30 miles, 17-26 mph

Take your cycling skills and performance to a higher level. Join us for a fast-paced training ride aimed at increasing your speed and improving your group riding skills. Practice rotating pace lines, close proximity riding and advanced bike handling while building fitness in excess of 18 m.p.h. Traditional style road bikes are strongly recommended. Recumbent, hybrid and mountain bikes are discouraged. A certain level of experience and fitness is expected. The actual pace of the ride will be determined by the ride participants.

Contact Michael Abene at mvacolnago@gmail.com

#### Thursday, July 7, 14, 21 & 28, 2011 Social Ride: Weekly Gentlemen (and Ladies) of Leisure Rides (Cycling Seniors)

REMOTE START: North Ave Beach House 10:30 a.m. 10-20 miles, 10 to 12 mph Come make new friends who bicycle and go for lunch. This ride along the lakefront affords an opportunity for active gentlemen and ladies, 55 years and older, to meet, ride and have lunch. ALL RIDERS ARE WELCOME. Contact Mitch Gold at (312) 203-1944



Saturday, July 9, 2011 Social Ride: 4<sup>th</sup> Annual South Lakefront & Boulevard Tour **REMOTE START: South Side** of Buckingham Fountain 9:30 a.m. 40 miles, 12-14 mph A look at the remarkable history of residential architecture on the near south side, including the Prairie Avenue Historic District, Bronzeville, Lake Meadows, Camp Douglas, Groveland Park, Stephen Douglas's tomb, structures designed by Frank Llovd Wright, the site of the World's Fair and a trip down the Boulevards, Back to 1801 S. Indiana Ave by about 1 p.m. for an optional outdoor lunch at Cafe Society. Contact George Vrecheck at (312) 654-8909

#### Sunday, July 10, 2011 Social Ride: Digital Photo Scavenger Hunt

START: Contact Ride Leader 9:00 a.m. 20 miles, 10-14 mph Bring your digital camera, your creative brain, and knowledge of Chicago history and trivia. We'll meet to get the list of clues, then split into teams and go searching. We'll meet again for lunch. Bring your lock and lunch money. Please RSVP to the ride leader so she knows you will be coming.

Contact Anne Alt at (312) 520-1641

#### Monday, July 11, 18 & 25, 2011 Training Ride: Intro to Training Rides See listing for July 4.

Contact Rich Baumgarten at (773) 759-8690

# Wednesday, July 13, 2011

Wednesday Night Training Ride See listing for July 6. Contact Thomas MacNeill-Zimmerman at (773) 571-8087

Saturday, July 16, 2011 Waterford Factory Ride REMOTE START: Waterford, WI 9:00 a.m. 20-60 miles, 12-16 mph

New rides are being added all the time! For an up-to-date schedule, or a look at the rest of the season, go to: <u>www.chicagocyclingclub.org</u>!

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Richard Schwinn, in conjunction with Waterford Precision Cycles, is sponsoring 3 group rides through the beautiful rolling countryside around Waterford. WI, in a joint ride with the Kenosha-Racine bike club. These start from the Waterford Factory at 9:00 so allow some time to unload and setup. Richard Schwinn will give tours of the factory between 8:00-8:30. Those who are looking for auto transport to the remote start, please post to the CCC-chat list or Chainlink.org. Contact Jim Adgate at (773) 935-1957

### Saturday, July 16, 2011 Touring Ride: The Road to Hegewisch Pt. 15

REMOTE START: 31<sup>st</sup> Street Beach House, Chicago

8:30 a.m. 38 miles, 14 to 18 mph Last ride of the year to the most remote corner of Chicago. You'll see the City's only lakes, trailer park, and saw mill. Lunch stop at Chicago Pita Kitchen or similar establishment in Hegewisch. Parking is usually available at the 31st Street Beach lot.

Contact George Vrechek at (312) 654-8909

#### Saturday, July 16, 2011 Social Ride: Washington Park Environmental Workday

REMOTE START: 31<sup>st</sup> Street Beach House 8:15 a.m. 10 miles, 10 to 14 mph We'll do a short ride, view a couple of small nature preserves and spend the morning doing tree pruning and spreading mulch at a TreeKeepers workday in Washington Park. Instruction, gloves and tools will be provided. Lunch afterwards at a nearby restaurant. Please bring shoes that are suitable for a lot of walking. Contact Anne Alt at (312) 520-1641

### Sunday, July 17, 2011 Mosey on to Moody's

START: Clock Tower at Waveland (3700N) 8:30 a.m. 40 miles, 12-14 mph You'll mosey along a circuitous route: six different bike paths, all the way to the Chicago Botanic Gardens and back. Your reward: a stop at Moody's Pub. Contact Joseph Dickstein at (773) 262-0031



Wednesday, July 20, 2011 Training Ride: Wednesday Night Training Ride See listing for July 6. Contact Bevan Brookfield at (224) 548-6173

#### Wednesday, July 27, 2011 Social Ride: FWEGA (Fourth Wed Evening...)

START: Clock Tower at Waveland (3700N) 6:30 p.m. 10-12 miles, 10 to 12 mph

A club tradition. Meet new friends, see old ones. Bring lights, this ride will end after dark.

Contact Karen Shinners at (773) 593-6798

Wednesday, July 27, 2011

Training Ride: Wednesday Night Training Ride See listing for July 6.

Contact Bradley Winckler at (773) 677-1814

#### Saturday, July 30, 2011 Wander to Whiting for Pierogis

REMOTE START: 31<sup>st</sup> Street Beach House 8:30 a.m. 35 miles, 12 to 14 Third annual ride to Whiting, Indiana for the annual Pierogi Festival. Contact Joseph Dickstein at (773) 262-0031

## Sunday, July 31, 2011 Social Ride: Chinatown Bridgeport

START: Clock Tower at Waveland (3700N) 9:30 a.m. 30 miles, 12 to 15 mph Tour Bucktown, Wicker Park, Ukrainian Village, & Pilsen, lunch stop in Chinatown, head back via the South Loop, River North and Lincoln Park. Please bring locks and money for the brunch. Contact Art Gilfand at chicubz2006@yahoo.com

## Sunday, July 31, 2011 Social Ride: Suzy's Birthday Ride

REMOTE START: 1113 W Webster, Chicago 9:30 a.m. 30 miles, 10-14 mph Celebrate Suzy Schnauzer's birthday with a tour of animal shelters. People who love dogs and people who ride with dogs are especially welcome.

Contact Kathy Schubert at (773) 248-5499

New rides are being added all the time! For an up-to-date schedule, or a look at the rest of the season, go to: <u>www.chicagocyclingclub.org</u>!