

# DERAILLEUR MAILLEUR

## May 2011



### The CCC Toasts the 2011 Ride Season

By Steven Kramer

Seven stalwart cyclists did not let the temperature or wind chill keep them off the streets, joining me at our beloved clock tower on March 27 for our season opening ride. I can't remember seeing Mike W. or Sharon K. quite so bundled up, but they were, as always, in good spirits. New member, Beth S. also joined us and started her training for a triumphant return to her home state for R A G B R A I this summer.

A couple of riders found their optimism exceed the warming ability of their clothing and chose to break off early. Jake and Emily also felt "under dressed" but were close enough to home to shore up their finger and toe defenses and rejoin the ride, arriving at Plaza Del Lago just in time to join in the toast ceremony. I tip my helmet to you two for being tough enough to leave the house and head in that brisk wind a second time. Welcome to the club!

After the champagne, we stopped in the Starbucks for a short break and a chance to chat and see faces not hidden behind helmets, sunglasses and balaclavas.

(Continued on page 2, col.3)

### Welcome to the new CCC website

By Howard Lo

By now you may have realized that we have a new website. Woo Hoo!

As we move towards a more Internet-connected world, we wanted to improve your experience by providing you with a reliable and streamlined information platform so that you can get club ride information efficiently and better interact with the CCC community. In this first phase we've concentrated on ease of use, site quality, performance and reliability.

As part of this website update, we do need your help. Our communications moving forward will mostly be via email so we need you to visit the Profile section and update and test your email. And while you're at it, update your emergency contact, newsletter preference and other information. How do you do this? From the Home page

<http://ChicagoCyclingClub.org>, select:

- \* Member Home (login with your member ID or email and your first name in all lower case for the password), then
- \* View Profile, then
- \* Edit Profile.
- \* Update your email and other information and then Save.
- \* After that, select Test my email.

We hope that you will enjoy our new website and feel free to send your comments to

[info@ChicagoCyclingClub.org](mailto:info@ChicagoCyclingClub.org)



### Earth Day at Fullersburg Nature Center

By Brian Bird

Ten cyclists came out on a sunny, just-above-freezing day to brave a steady headwind to the Fullersburg Nature Center in west suburban Oak Brook. Total mileage came in at just over 60 with total travel time around seven hours. Travel west was tough in parts but that was more than made up for by a 15+ mph tailwind out of the west-southwest for the last portion of the trip through Riverside and into Chicago heading eastbound.

We arrived at the Fullersburg Nature Center about 11 a.m. just as the staff was setting up its Earth Day celebration exhibits - complete with organic food sellers, wildlife exhibits, a rappelling demo, and other nature facts/demos along the Center's walking paths. And yes, the Mammoth still rocks! The Spring Road climb was . . . well, into the wind and mercifully only just over a mile. Lunch stop at Tasty Dog included the usual delicious assortments of carbonated sugar water, French fries, burgers, and encased meats surrounded by bread.

(Continued on page 2, col.2) 1

# PREZ SEZ

By Justin Sondak



Spring's slow start hasn't stop us from riding. The CCC's first few weeks of ride season have featured the return of old favorites (read about 'em on page 1), an honest-to-goodness 80 degree Sunday and a couple rain and snow cancellations.

This month features a few ride series to work into your weekly or monthly routine. Join us Monday nights for moderately serious training rides along the lakefront or Wednesday nights for our more intense roadie rides (If you have to ask, then yes, the pace is too fast). If you'd prefer a leisure cruise near the beach, and have a flexible work schedule, the Thursday morning "Cycling Seniors" series resumes May 12. The following Sunday, George Vrechek kicks off his treks to points south, leading a Touring trek to the most remote southeast corner of the city.

Perhaps the best way to be introduced to the Cycling Club is our Fourth Wednesday Evening Getting Acquainted Ride (FWEGA, for short). It's a fun, relaxed neighborhood trip from the Waveland Clock Tower to a nearby tavern, grill or similar establishment. Join us May 25, and every fourth Wednesday through September.

We ride with friends, other bike clubs and partner organizations throughout the summer, beginning with Bike the Drive on May 29. The year's most photogenic ride features a few thousand friends riding down a car-free Lake Shore Drive with proceeds benefitting Active Transportation Alliance. A CCC contingent will "Bike the Drive Twice" and the club will have a table at the post-ride festival in Grant Park. Volunteer for a shift at the club table by dropping us a line at [info@chicagocyclingclub.org](mailto:info@chicagocyclingclub.org). You can help at Wednesday volunteer nights, packet pickup, or on the day-of-event set-up and tear-down. Along the route,

Active Trans needs course marshals, ride marshals, volunteer accommodations, rest stop help, reunion team, SAG support, and post-event breakdown. Step forward by filling out the form at: <http://www.activetrans.org/volunteer/bikethedrive>.

New rides are being discussed and developed as you read this, so check our online ride schedule at: [www.chicagocyclingclub.org/rides](http://www.chicagocyclingclub.org/rides) each week for new rides. And pitch your own ideas to [rides@chicagocyclingclub.org](mailto:rides@chicagocyclingclub.org).

See you on the road (and online)!



## Earth Day at Fullersburg Nature Center (continued from page 1)

There were two Starbucks en route for a certain ride participant and an Oberweis Dairy.

Thank you very much to Marie Callis, Jim A., Elena and Albert Tuskenis, Rick P., David Magdanski, Dr. Robert, Elizabeth Sofranko (for putting up with the ride leader and sharing her French fries with everyone), and the Voice of the CCC (recently-released from his 2011 tax season ball-and-chain) for coming out on what started to be a not-very-promising day but ended up being a great ride day. For those keeping score, Trek won (again - two of the last three of these rides) with 4 of the 9 model bikes on board.

In keeping with the Earth Day spirit, no fossil fuels were used on the ride, no plants or animals harmed, and no natural resources diminished - unless you count Dr. Robert's near-breaking of his bicycle's chain link en return from Oak Brook as diminishment. As for that, we eagerly await his answer to our group's question about the replacement chain - Shimano, Campy or SRAM?



## The CCC Toasts the 2011 Ride Season

(continued from page 1)

Karen and Fred met us there and joined in for part of the return ride south. The sun was our companion for the entire ride and the tailwind home helped to mask any early season fatigue.

Technically speaking, the sparkling white wine we enjoyed was not from the 'Champagne' region, but it was from France.

And it was certainly CHILLED!



## May Club Meetings

Our monthly membership meeting is **Tuesday, May 10**. This month's will be a social excursion. Check our website at the start of May for full details.

Club business will be discussed at our next Steering Committee meeting on **Tuesday, May 17, 6 p.m.** at the Logan Square home of Jen Welch. All are welcome. RSVP to [pres@chicagocyclingclub.org](mailto:pres@chicagocyclingclub.org) for the address.

## CCC Financials: 03/19/2011 - 04/15/2011



Total Assets as of 03/19/2011: \$8,860.98

Total Income: \$850.00

Total Expenses: \$262.36

Total Assets as of 03/19/2011: \$9,448.62



## About the Club

### Mission

To facilitate recreational bicycling in a non-competitive environment in and around the Chicago area; to promote safe bicycling habits and proper bicycling etiquette; to provide bicyclists an opportunity to network with other bicyclists; to encourage bicycling as a safe and viable alternative to other modes of transportation.

### Contact

Snailmail: P O Box 1178, Chicago, IL 60690-1178  
 Website: [www.chicagocyclingclub.org](http://www.chicagocyclingclub.org)  
 General: [info@chicagocyclingclub.org](mailto:info@chicagocyclingclub.org)  
 Newsletter: [editor@chicagocyclingclub.org](mailto:editor@chicagocyclingclub.org)  
 Rides: [rides@chicagocyclingclub.org](mailto:rides@chicagocyclingclub.org)  
 Telephone: 773.509.8093

### Officers

President: Justin Sondak  
 Vice President: Julie Hochstadter  
 Treasurer: Brian Bird  
 Secretary: Jen Welch  
 Member at Large: Greg Borzo, Kitty Shanahan  
 Rides: Julie Sherman  
 Publicity: Anne Alt  
 Education: TBD  
 Newsletter: Justin Sondak, Tom Grose

## Bike The Drive with the CCC

Sunday, May 29 is the only day of the year that you can (legally) bike on Lake Shore Drive. Come represent the Chicago Cycling Club by riding with us and volunteering at our club tent. Ride registration is required with discounts offered for early registration. Visit

[www.bikethedrive.org](http://www.bikethedrive.org) for info and to sign up.

Brian Bird leads "Bike the Drive Twice," a faster-paced expedition. It's the ride so nice, he's doing it twice. That means he's sticking to a 17-20 mph pace with only two 15-minute rest stops. Meet at 5:30 a.m. in Grant Park at Columbus and Jackson. Look for the friendly dude in the club jersey.

The Club still needs volunteers for Post-Ride Festival tent. Reach the thousands of cyclists who are discovering or remembering how excellent biking in Chicago can be. All you need to do is sit at the club tent in Grant Park for an hour or two, passing out materials and promoting our rides to all those beautiful folks in spandex. Shifts run from 8 a.m. - noon, so you can work a shift once you're done biking down Lake Shore. To volunteer, send an email to [info@chicagocyclingclub.org](mailto:info@chicagocyclingclub.org)



## STYLE YOUR RIDE

<p><b>JERSEYS</b>                  Sleeveless .....\$50                  (Men: S - XL)(Women: S - 2X)                  Shortsleeves .....\$55                  (Men: S - 3X)(Women: S - 2X)                  Longsleeves ..... \$60                  (Men: M - 3X)(Women: M - XL)                  WINDBREAKER - \$60                  (Men: M - 3X)(Women: S - 2X)                  GLOVES - \$10                  (XS-2X)                  SOCKS - \$6                  (S-XL)</p>	<p><b>CLUB MEMBERS ONLY</b>                  may purchase these items by contacting Duane O'Laughlin <a href="mailto:merchandise@chicagocyclingclub.org">merchandise@chicagocyclingclub.org</a>                  773-612-8157                  May not be shipped We will meet you at a club event or ride or you may pick up items by making arrangements to do so in advance.</p>
--	---

## Ride of Silence

The **Ride of Silence**, a silent procession honoring cyclists killed or injured while cycling on public roadways, returns to Chicago, Evanston, Downers Grove, Joliet, and hundreds of other cities and towns on **May 18, 2011**. The nationwide series of rides calls attention to cyclists' rights during Bike Safety month.

Chicago's 12-mile route starts from Daley Plaza. Gather at 6 p.m., ride starts at 7 p.m. Riders are asked to ride no faster than 12 m.p.h. and remain silent during the event. For more information, visit [www.rideofsilence.org](http://www.rideofsilence.org).



## BECOME A MEMBER FILL OUT THE FORM AND MAIL IT WITH YOUR CHECK TO CHICAGO CYCLING CLUB

I, for myself and for any other minor on whose behalf I sign this membership application, agree that 1) bicycling is a potentially hazardous activity and that accidents can occur from negligence or carelessness; 2) ride leaders' maps and/or written directions are provided for my convenience only and not to guarantee a safe route or trip; and 3) I voluntarily participate in club events and assume all risks associated with participation therein, including but not limited to injury, falls, contact with other participants, weather, traffic, and road conditions, all such risks being known and appreciated by me.

Name(s) \_\_\_\_\_ Birthdate(s) \_\_\_\_\_  
 Name(s) \_\_\_\_\_ Birthdate(s) \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Primary  
 phone \_\_\_\_\_  
 Secondary phone \_\_\_\_\_ E-mail \_\_\_\_\_  
 Emergency contact/phone \_\_\_\_\_

I obtained this membership application from \_\_\_\_\_  
 I want to receive a paper copy of the members' directory  Yes  No the club newsletter  Yes  No  
 I would like to help with the following:  ride planning  newsletter  publicity  meetings  social events  
 Annual dues:  Individual (\$20)  Family (multiple individuals at one address \$25)  
 Do not share my contact information:  within the Chicago Cycling Club  with other bike-related organizations

Signature \_\_\_\_\_ Date \_\_\_\_\_

# Chicago Cycling Club Newsletter May 2011



The Road to Hegewisch series resumes May 12, 2011

THE NEWSLETTER OF THE CHICAGO CYCLING CLUB  
**DERAILLEUR**  
MAILLEUR  May 2011

P. O. Box 1178  
Chicago, IL 60690 - 1178

